

M. Selenga Gürmen, PhD

Çift ve Aile Terapisti

AAMFT Onaylı Süpervizör

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PROFESSIONAL EXPERIENCE

Assistant Professor. Department of Psychology, *Ozyegin University, Turkey*, 2015-present

Instructor. Department of Psychology, *Bogazici University, Turkey*, Summer 2014

Instructor. Department of Human Development and Family Studies, *University of Connecticut, USA*, 2013-2015

EDUCATION

PhD - University of Connecticut, Storrs, CT, COAMFTE - Accredited Marriage and Family Therapy Program, Department of Human Development and Family Studies, May 2015

M.A. – University of Connecticut, Storrs, CT, COAMFTE - Accredited Marriage and Family Therapy Program, Department of Human Development and Family Studies, August 2012

B.A. – Bogazici University, Istanbul, Turkey, Department of Psychology (Summa Cum Laude), June, 2010

PUBLICATIONS

Söylemez, Y., **Gürmen, M. S.**, Johnson, L. (accepted with revisions). Change in One Couple's Therapy Process: An HSCED Application. *International Journal of Systemic Therapy*

Balcioglu, E., **Gürmen, M. S.**, Söylemez, Y. (accepted with revisions). Individual therapy in systemic approach: Perceived therapeutic change from the perspective of therapists and client. *International Journal of Systemic Therapy*

Ece C., **Gürmen, M.S.**, Acar, I. H & Büyükcan-Tetik A. (2023). Examining the dyadic association between marital satisfaction and coparenting of parents with young children. *Current Psychology*. 1-10.

Gürmen, M.S & Kılıç, S. Parenting in Turkey. (2022) In Selin, H. (Ed.). Parenting across cultures: Childrearing, motherhood and fatherhood in Non-Western Cultures (2nd edition). Springer Nature Switzerland.

Acar, İ. H., Saral, B. Ece, C. & **Gürmen, M. S.** (2020) Evaluating psychometric properties of the Coparenting inventory with Turkish mothers and fathers of preschool children. *Current Psychology*, 41(11), 7777-7787.

Gürmen, M. S. & Mengüç, M. P. (2020, February). Toplumsal sorunlar için davranış değişim modeli. Sarkaç, <https://sarkac.org/2021/02/toplumsal-sorunlar-icin-davranis-degisim-modeli/>

- Gürmen, M. S.** & Mengüç, M. P. (2020, February). Toplumsal krizlere aile terapisi yaklaşımı. Sarkaç, <https://sarkac.org/2021/02/toplumsal-krizlere-aile-terapisi-yaklasimi/>
- Gürmen, M. S.** (2019). Çocukla Gelen ve Hiç Bitmeyen İlişki: Ortak Ebeveynlik. [Co-parenting: Never Ending Relationship Between Parents] *Türk Psikoloji Yazıları*, 22(44), 15-31. DOI: 10.31828/tpy1301996120181126m000010
- Gürmen, M. S.**, Anderson, S., & Brown, E. (2018). Relationship with extended family following divorce: Closer look at the contemporary times. *Journal of Family Studies*. doi: [10.1080/13229400.2018.1498369](https://doi.org/10.1080/13229400.2018.1498369)
- Gürmen, M. S.**, Huff, S., Brown, E. (2017). Divorced yet still together: Ongoing personal relationship and co-parenting among divorced parents. *Journal of Divorce & Remarriage*. doi:[10.1080/10502556.2017.1355172](https://doi.org/10.1080/10502556.2017.1355172)
- Gürmen, M. S.** (2016). To connect or not to connect: Effects of technology addiction on family relationships. 3rd International Congress of Technology Addiction Conference Proceedings.
- Gürmen, M. S.**, and Rohner, R. P. (2014). Effects of marital distress on Turkish adolescents' psychological adjustment as mediated by youth's perceptions of parental acceptance. *Journal of Child and Family Studies*, 23(7), 1155–1162. doi: [10.1007/s10826-013-9773-7](https://doi.org/10.1007/s10826-013-9773-7).
- Gürmen, M. S.** & Froude, C. K. (2012). Inviting culture into classroom. *CTAMFT Newsletter*, 25, 14-15.

MANUSCRIPTS IN PREPERATION

- Gürmen, M. S.** & Acar, I. H. (in prep). Turkish validation and adaptation of the Couple Satisfaction Index-16.
- Gürmen, M. S.** (in prep). Phubbing and smartphone addictions

CONFERENCE PRESENTATIONS

Paper Presentations

- Gürmen, M.S.** & Rising, D. (June, 2022). Roundtable Symposium Organization & Chair: Clinical Application of IPARTheory: Recovery from Rejection, 9th International Congress on Interpersonal Acceptance and Rejection, NY, USA
- Gürmen, M.S.**, Söylemez, Y. & Johnson, L. (April, 2022). Online couple therapy during Covid-19: An HSCED application. Society of Psychotherapy Research - UK, Leeds, UK.
- Gürmen, M. S.** & Mengüç, P. (2020, November). Collective Behavior Change Model for Complex Societal Problems (Karmaşık Toplumsal Sorunlar için Kolektif Davranış Değişim Modeli). Science Academy, 2nd Covid19 workshop, online.
- Eren, D.E & **Gürmen, M. S.** (2019, September). Comparison of online vs. offline dating in terms of romantic beliefs, commitment, relationship maintenance behaviors and relationship satisfaction. 12th Congress of the European Family Therapy Association, Naples, Italy.
- Eren, D.E & **Gürmen, M. S.** (2019, March). Views and attitudes towards relationships that start online. 27th World Family Therapy Congress of the International Family Therapy Association, Aberdeen, UK.
- Eren, D.E & **Gürmen, M. S.** (2019, May). Online başlayan ilişkilerin yüz yüze başlayan ilişkilerle romantik inançlar, bağlılık, ilişki sürdürme ve ilişki memnuniyeti açısından kıyaslanması. 9. Işık Savaşır Klinik Psikoloji Sempozyumu, Doğu Akdeniz Üniversitesi, KKTC.

- Ece, C. **Gürmen M. S.** (2018, November). The effects of Interparental conflict on young adults' romantic relationships. 20th Psychology Congress. Ankara, Turkey.
- Eren, D. E., **Gürmen M. S.** (2018, November). Attitudes toward online dating. 20th Psychology Congress. Ankara, Turkey
- Gürmen, M. S.** (2017, March). The influence and involvement of extended family in family therapy. 25th World Family Therapy Congress of the International Family Therapy Association, Malaga, Spain.
- Gürmen, M. S.**, Ki, P., Rohner, R. P., & Rigazio-DiGilio, S. A. (2016, June). *The relationship between remembrances of parental acceptance-rejection and current feelings of loneliness and psychological adjustment of Turkish adults*. Paper Presentation for the 6th ISIPAR Congress, Madrid, Spain.
- Gürmen, M. S.**, Huff, S., & Brown, E. (2014, November). Divorced yet Still Together: Ongoing personal relationship among divorced co-parents. Paper presentation for NCFR 76th Annual Conference, Baltimore, MD.
- Gürmen, M. S.**, and Rohner, R. P. (2012). *Effects of marital distress on Turkish adolescents' psychological adjustment as mediated by youth's perceptions of parental acceptance and behavioral control*. Paper Presentation for the 2012 SCCR Annual Conference; Las Vegas, NV.

Poster Presentations

- Gürmen, M. S.**, & Anderson, S. (2015, May). *The influence and involvement of extended family in family therapy: Different stages of divorce*. Poster Presentation for the 2015 CTAMFT Conference, Trumbull, CT.
- Hynes, K., **Gürmen, M. S.**, Anderson, S., & Tambling, R. (2014, November). *Experiences of high conflict co-parents in the early sessions of family therapy*. Poster presentation for NCFR 76th Annual Conference, Baltimore, MD.
- Gürmen, M. S.**, Ki, P., Rohner, R. P., & Rigazio-DiGilio, S. A. (2014, June). *Psychological adjustment of Asian Adults living in the USA: The influence of parental acceptance and intimate partner acceptance*. Poster Presentation for the 2014 ISIPAR Congress, Chisinau, Moldova.
- Gürmen, M. S.**, Ki, P., Rohner, R. P., & Rigazio-DiGilio, S. A. (2014, April). *Partner and parental acceptance and psychological adjustment of Asian Adults in the U.S.* Poster Presentation for the 2014 CTAMFT Conference, Trumbull, CT.
- Ki, P., **Gürmen, M. S.**, Rohner, R. P., & Rigazio-DiGilio, S. A. (2013, November). Partner and parental acceptance and psychological adjustment of Asian Adults in the U.S. Poster Symposium, NCFR 75th Conference, San Antonio, TX.
- Gürmen, M. S.**, Banford, A., Anderson, S., & Tambling, R. (2013, October). *Parenting confidence, mental health, and family relationships*. Poster Presentation for the 2013 AAMFT Conference, Portland, OR.
- Gürmen, M. S.**, and Rohner, R. P. (2013). *Effects of marital distress on Turkish adolescents' psychological adjustment*. Poster Presentation for the 2013 ISIPAR Congress, Chandigarh, India.
- Reckert, A., Froude, C., and **Gürmen, M. S.** (2011, April). Using Skype as a treatment modality in marriage and family therapy: Implications for practice. Poster Presentation for the 2011 CTAMFT Annual Conference; Cromwell, CT.

Invited Talks & Workshops

- Gürmen, M. S.** (May, 2022). Psychosocial Needs of Children During Divorce Process and Assessment of the Best Interest of the Child. The European Union-Council of Europe Joint Project on "Improving the Effectiveness of Family Courts: Better Protection of the Rights of Family Members" Roundtable Meetings on Improving the Implementation of the Best Interests of the Child, Ankara, Turkey.

- Gürmen, M. S.** (December, 2021). Assessment of ADR mechanisms in terms of preventing traumas and secondary victimisation on the part of the parents and children in divorce. The European Union-Council of Europe Joint Project on “Improving the Effectiveness of Family Courts: Better Protection of the Rights of Family Members” Workshop on the Assessment of Alternative Dispute Resolution (ADR) Mechanisms in Family Law Procedures, Ankara, Turkey
- Gürmen, M. S. & Ciftci-Zat, Zeynep** (2019, November). Değişim Tercümesi: Göç Eden Ailelere Sistemik ve Bütünsel Destek. 5. Çift ve Aile Terapileri Sempozyumu, İstanbul, Türkiye.
- Gürmen, M. S. & Ciftci-Zat, Zeynep** (2019, September). Changing Context Changes Lives: Providing Systemic and Integrative Care to Families Moving to New Countries Workshop for Clinicians. 12th Congress of the European Family Therapy Association, Naples, Italy.
- Gürmen, M. S.** (2019, March). Supporting “Family” During and After Divorce in Therapy. 27th World Family Therapy Congress of the International Family Therapy Association, Aberdeen, UK.
- Whittaker, K., Bhutto, K., Jonathan, N., Conron, W., Benbow, S. M., Chandrashekar, S., **Gürmen, M. S.**, Helps, S., Zat, Z. (2019, March). 27th World Family Therapy Congress of the International Family Therapy Association, Aberdeen, UK.
- Gürmen, M. S.** (2016, September). Working with high-conflict co-parents in Family Therapy. Workshop for Clinicians. 9th Congress of the European Family Therapy Association, Athens, Greece.
- Gürmen, M. S.** (2016, March). Working with high-conflict co-parents in Family Therapy. Workshop provided to clinicians. 24th World Family Therapy Congress of the International Family Therapy Association, Hawaii, USA.
- Gürmen, M. S.** (May, 2016). To connect or not to connect: Effects of technology addiction on family relationships. 3rd International Congress of Technology Addiction, İstanbul, Turkey.

MEDIA REPRESENTATIONS

News

- 29.06.2022. Modern zamanlarda evlilik: Zorluklar ve kurtarmanın yolları. *Fikir Turu*.
<https://fikirturu.com/toplum/modern-zamanlarda-evlilik-zorluklar-ve-kurtarmanin-yollari/>
- 21.06.2020 – Coronavirus: No drastic change in use of online dating apps –
<https://www.aa.com.tr/en/culture/coronavirus-no-dramatic-change-in-use-of-online-dating-apps/1884957>
- 23.05.2020 - Bayramın dijital hali - DHA çeşitli online portallar
<https://www.dha.com.tr/istanbul/bayram-geleneklerini-dijitalde-yasatalim/haber-1772599>
- 01.04.2020 - Hürriyet Gazetesi – Salgınla baş etme – gönüllü psikologlar (sadecealkışlamak yetmez)
- 03.02.2020 – OKCupid is changing how people use dating apps – Yahoo Finance
<https://finance.yahoo.com/news/ok-cupid-new-way-to-use-dating-app-182416641.html>
- February 2020 - Kid’s Life – aylık dergi – deprem travması
- 30.01.2020 - Çocuklarda Deprem Travması – DHA çeşitli online portallar -
<https://www.cnnturk.com/saglik/cocuklar-depremin-yaratacagi-travmayla-nasil-basa-cikar>
- 19.12.2019 - Yeni yıl kararları – CNN Türk, Hürriyet
<https://www.cnnturk.com/yerel-haberler/istanbul/merkez/insanlarin-yuzde-60i-yeni-yil-icin-kararlar-aliyor-1463555>
- 08.12.2019 - Dijital Çağda Ebeveyn Olmak – Hürriyet Pazar eki

24.10.2019 – Algorithms & Turkey’s Record of Online Dating – Hurriyet Daily News - in print

22.08.2019 - Online dating Turkish AA -

<https://www.dailysabah.com/life/2019/08/19/turks-date-online-but-still-prefer-face-to-face-interaction>

TV presence

06.02.2021 - 360tv Açelya Akkoyun’la Akla Takılanlar – Aşk -

<https://www.youtube.com/watch?v=8QEaKLxPiHQ&t=1s>

17.01.2020 - 360tv Açelya Akkoyun’la Akla Takılanlar – Kıskançlık -

<https://www.youtube.com/watch?v=AD9FF7dZU7I&t=2s>

Youtube & Social Media

01.06.2021 Krizlerde toplumsal davranış değişimleri Bilim Akademisi / Medyascope Meraklısına Bilim

<https://www.youtube.com/watch?v=HQilzx06TRU&t=9s>

11.05.2020 - Hürriyet.com youtube kanalı (Pandemide çift ve aile ilişkileri) -

<https://www.youtube.com/watch?v=mRPMjLMSuQA&t=7s>

16.04.2020 - Instituteforchange - Instagram canlı yayın (Pandemi Süreci ve Sonrasında Biz ve İlişkilerimiz)

13.04.2020 - PsychOz Instagram canlı yayın (Yakın İlişkiler ve Karantina)

07.04.2020 - IGU Psikoloji Instagram canlı yayın (Uzak Mesafe İlişkileri)

06.04.2020 - Arzu Hamurcu - Instagram canlı yayın (Pandemi ve ilişkiler)

22.03. 2020 - Sadecealkışlamak yetmez gönüllü hareketi başlangıcı (see Instagram @drselengagurmen)

21.03.2020 - BabalaTV Uzman Görüşü - <https://www.youtube.com/watch?v=cOv4jVN1Zxo&t=250s>

20.03.2020 - Berrin Yiğit ile Pandemide sağlıklı yaşam

PROFESSIONAL SEMINARS AND COLLOQUIA

Workshops and Seminars for Professionals

June, 2022 - Couples and Conflict Management, Turkish Psychological Association.

June, 2020 – Webinar for medical doctors, “Being a Health Professional During the Pandemic”, online workshop.

May, 2020 – Trakya Bar Association, Joint Custody (Trakya Barolar Birliği Eğitim – Ortak Velayet), online workshop.

May, 2020 – Ahbap Derneği, Volunteering during a collective crisis: Coping with your own anxiety, online workshop.

June, 2019 – Workshop for clinicians: “High-conflict Couples”, Turkish Association of Couple and Family Therapy, Istanbul, Turkey.

May, 2019 - “Gender Issues in Therapy Setting”, Couple and Family Therapy Center, Ozyegin University, Istanbul, Turkey.

May, 2019 – Workshop for school counsellors, “Working with Parents” Ozyegin University, Istanbul, Turkey.

February, 2019 – Seminar, “Ethics in Family Therapy”, The Institute of Relational Psychotherapy, Istanbul, Turkey.

April, 2018 – Workshop for CFT trainees, “Working with High-conflict Clients”, OzU-Bilgi University Meet-up, Ozyegin University, Istanbul, Turkey.

January, 2018 – Seminar, “Ethics in Family Therapy”, The Institute of Relational Psychotherapy, Istanbul, Turkey.

October, 2017 – Seminar, “Ethics in Family Therapy”, The Institute of Relational Psychotherapy, Istanbul, Turkey.

May, 2015 – “Skills for Cooperative Parenting Parent Education Program Facilitator Training”, Humphrey Clinic, University of Connecticut,

March, 2015 – “Working with High-Conflict Clients”, Humphrey Clinic, University of Connecticut.

Workshops to Community

- May, 2022 – Sosyal Medya ve Akıllı Telefon Kullanımının Romantik İlişkiler Üzerindeki Etkileri, Bağımlılık, Özyeğin Üniversitesi
- April, 2022 – Gender Roles, Mental Health & Therapy Room. European Youth Platform.
- April, 2022 – Romantik İlişkiler ve Çift Terapisi. Bilkent Üniversitesi Psikoloji Topluluğu
- February, 2022 – Toplumsal Cinsiyet Rollerini, Ruh Sağlığı ve Terapi Odası. We Speak Aloud.
- January, 2022 – Aile İçi İletişim, İstanbul Köy Hizmetleri Anadolu Lisesi Veli Akademisi
- January, 2022 – Kariyer Sohbetleri, Boğaziçi Üniversitesi, İstanbul
- June, 2020 – Nesiller Arası İlişkisel Yolculuk: Genogramlar
- April, 2020 - Kaygılardan Özgür Yeni Bir Ben (New Me - Free From Anxieties)
- February, 2020 - Romantik İlişkilerde Yeni Bir Ben (New Me in Romantic Relationships)
- December, 2019 - Yeni Yılda Yeni Bir Ben (New Year, New Me)
- December, 2018 – “Ebeveyn Atölyesi: Teknoloji Çağında Ebeveyn Olmak”, Sezin Okulları, İstanbul, Turkey.
- December, 2018 – “Ebeveyn Atölyesi: İşbirlikçi Ebeveynlik”, Sezin Okulları, İstanbul, Turkey.
- December, 2018 – “Ebeveyn Atölyesi: Ebeveynlik Zor Zanaat”, Sezin Okulları, İstanbul, Turkey.
- April 2016 – Workshop for divorced parents: “Cooperative Coparenting”, Tumay Ozokur Yasam Atölyesi, İstanbul, Turkey.

Seminars to Community

2019-2020 academic year @Ozyegin University

- September 22 – Veli Oryantasyonu
- October 3 - Dijital Dünya, Çocuklarımız ve Ebeveynlik
- October 13 - ÖzüÇam mezuniyet töreni organizasyonu
- November 8 – SEC101 Love & Romantic Relationships
- November 29 – Özü hukuk fakültesi Akademide Çocuk Hakları Ağı toplantısı
- December 8 - Özü hukuk fakültesi Barolarla Buluşma
- February 14 – Özü He for She kulübü – Romantik İlişkilerin Sağlıklı Hali
- February 17 - Kadına Karşı Şiddetle İlgili Yerel Veriler, Mevcut Sorunlar ve Olası Çözümler (Balıkesir Büyükşehir Belediyesi ve Balıkesir Aile Çalışma ve Sosyal Hizmetler Müdürlüğü)
- February 25 – Open Course: Racism (İrkçilik)
- March 3 – Open Course: Sexism (Cinsiyet Ayrımcılığı)
- March 10 – Open Course: Heterosexism (Cinsel Yönelim Ayrımcılığı)
- April 2 – Psikoloji Öğrencileri ile pandemi üzerine buluşma (3 ve 4. Sınıflar)
- April 15 – Psikolojik Danışmanlık Birimi ile Pandemide kaygıları yönetme semineri

2019-2020 Academic Year - Outside of Ozyegin University

- November 12, Psychology as a Field and Career, Robert College, İstanbul, Turkey
- November 14, Relationship Research in the CFT field, Sabancı University, İstanbul, Turkey
- November 28, Flört Şiddeti, Saint Benoit Lisesi, İstanbul, Turkey
- November 30, Teknoloji ve Ebeveynlik, Veli Semineri, Alev Okulları, İstanbul, Turkey
- December 3, Flört Şiddeti, İtalyan Lisesi, İstanbul, Turkey
- December 10, Bağımlılık Semineri, Saint Joseph Lisesi, İstanbul, Turkey
- December 12, Bağımlılık ve Çocuklarımız, Veli Semineri, İtalyan Lisesi, İstanbul, Turkey

December 19, Ergenlik ve İletişim, Veli Semineri, İstanbul Erkek Lisesi, İstanbul, Turkey
January 5, Teknoloji Çağında Ebeveyn Olmak, Veli Semineri, Sezin Okulları, İstanbul, Turkey
January 6, "Ergenlik ve İletişim", Veli Semineri, Çağaloğlu Lisesi, İstanbul, Turkey
February 4, Aile Psikolojisi (Family Psychology), PsiArt kış okulu, İstanbul, Turkey
February 6, Aile Psikolojisi, Çamlıca Kız Lisesi, İstanbul, Turkey
February 16, Çocuk Gelişimi Eğitimleri – Ortak Ebeveynlik (Co-parenting), Pedagoji Akademisi, İstanbul, Turkey
February 19, Turkish Psychological Association – Movie Analysis: Marriage Story

2018-2019 Academic Year

May, 2019 - "Healthy Ways of Bonding", Health Psychology Panel, Ozyegin University, İstanbul, Turkey.
May, 2019 - "Connections", Transdisciplinary Thinking, Ozyegin University, İstanbul, Turkey.
April, 2019 – "Change from 'I' to 'We': Healthy ways of Bonding", 3rd OzU Psychology Days, Ozyegin University, İstanbul, Turkey.
April, 2019 - "Romantic Relationships", 4th National Psychology Symposium, Arel University, İstanbul, Turkey.
March, 2019 – "Gender Equality in Digital Age", Ozyegin University, İstanbul, Turkey.
March, 2019 – "Benden Bize: Sağlıklı Romantik İlişkilerde Farkındalık", 6. FSMVU Psikoloji Günleri, İstanbul, Turkey.
March, 2019 – "İşbirlikçi Ebeveynlik", Kartal Hasanpaşa İlkokulu, İstanbul, Turkey.
Jan, 2019 – "Bakmaya Doyamamak Değil, Dokunmaya Kıyamamak: İlişkilerin Sağlıklı Hali", Medipol University, İstanbul, Turkey.
December, 2018 – "Healthy Romantic Relationships", Sakıp Sabancı Lisesi, İstanbul, Turkey.
October, 2018 – "Talks outside of the box", Transdisciplinary Thinking, Ozyegin University, İstanbul, Turkey

2017-2018 Academic Year

May, 2018 – "Sağlıklı Bedenler, Sağlıklı İlişkiler", DiyetFest, İstanbul, Turkey.
April, 2018 – "Being an LGBTQI+ Ally (Beraberiz, Beraber Varız: LGBTQ Müttefikliği)", LGBTQI+ Club Organization, Ozyegin University, İstanbul, Turkey.
April, 2018 – "Çift Kimliği Oluşturma Süreci ve Olası Sorunları", İstanbul Üniversitesi PDR Günleri, İstanbul Turkey
March, 2018 – "Meet on Tinder, Stalk on Instagram, Smile at Snapchat, Date on Skype, Get Jealous on Facebook, Break Up on Whatsapp: Relationships in the Digital Age". 1st Psychology Days at OzU, Ozyegin University, İstanbul, Turkey.
February, 2018 – "Psychology of Love and Romantic Relationships", PsiART Winter School, İstanbul, Turkey.
December, 2017 – İlişkiler ve Tutku: Duygunun Kırmızı Hali, ÖzÜ Talks, Ozyegin University, İstanbul, Turkey.

GRANTS AND SCHOLARSHIPS

2022 – **TÜBİTAK 3501 Career Development Program**, "Couple Therapy Effectiveness and Change Process Research in Turkey", TÜBİTAK, 360,000tl (≈\$45000, \$1=8tl)

2021 – **Council of Europe** - Improving the Effectiveness of Family Courts: Better Protection of the Rights of Family Members, Expert Consultant

2018– **TÜBİTAK 2224 Support for International Scientific Activities**, TÜBİTAK, \$3000

2017– **TÜBİTAK 2224 Support for International Scientific Activities**, TÜBİTAK, \$1000

2014 - **Doctoral Dissertation Fellowship**, University of Connecticut, \$2000, Funding for PhD dissertation data collection, CT USA

2014 - **CLAS Dean's Fund For Predoctoral Students**, University of Connecticut, CT USA

2014 - **Graduate School Predoctoral Students**, University of Connecticut, CT USA
2013 - **Graduate School Predoctoral Students**, University of Connecticut, CT USA
2012 - **CLAS Dean's Fund For Predoctoral Students**, University of Connecticut, CT USA
2009 - **Academic Achievement Scholarship**, Bogazici University: Istanbul, Turkey

HONORS AND AWARDS

2017 – **European Commission, Horizon 2020, Seal of Excellence**
2017 – **Horizon2020 Above-Threshold Award**, TÜBİTAK, €3000
2016 - **Horizon2020 Above-Threshold Award**, TÜBİTAK, €2000
2014 - CTAMFT Best Student Poster Award - *Best Integration of Culture and Context*
2011 - Student Advisory Committee – ISIPAR
2011 - CTAMFT Best Student Poster Award – *Most Innovative Research*
2010 - High Honors Certificate, Bogazici University: Istanbul, Turkey

CLINICAL & SUPERVISORY EXPERIENCE

Marriage and Family Therapy Supervisor

2019 - present AAMFT Approved Supervisor, Ozyegin University Couple and Family Therapy.

Marriage and Family Therapy Supervisor Intern

2014 - 2017 AAMFT Supervisor in Training, University of Connecticut.

- Provide individual and group supervision to beginning student therapists in conjunction with coursework in MFT Supervision at University of Connecticut.
Supervision of Supervision provided by *Denise Parent, LMFT, AAMFT Approved Supervisor* and *Sandra Rigazio-DiGilio, PhD.*
- Provide pre-practicum and practicum in Couple and Family Therapy masters program at Ozyegin University.
Supervision of Supervision provided by *Dr. Shruti Poulsen, LMFT, AAMFT Approved Supervisor.*

Marriage and Family Therapist

2015 - present Working with individuals, couples, and families in Turkey and abroad

Marriage and Family Therapy Intern

2013 - 2015 Humphrey Clinic for Individual, Couple, and Family

2011- 2012 Stafford Family Services

TEACHING EXPERIENCE

Instructor at the American Association of Marriage and Family Therapy

- ❖ *Fundamentals of Supervision Course*
- ❖ *Refresher Course*

Assistant Professor at Ozyegin University University

□ Undergraduate Courses:

Introduction to Psychology I & II

Adult Psychopathology

Family Psychology

□ Graduate Courses:

Couple and Family Therapy Skills and Practice I & II

Practicum & Group Supervision

Instructor at Bogazici University

Family Psychology – Undergraduate Course – Summer 2014

Instructor at University of Connecticut

Diversity Issues in Human Development and Family Studies - Undergraduate Course – Fall 2013 to Spring 2015

Guest Lectures at University of Connecticut

- “Couple and Family Assessment”, *Clinical Assessment and Practice* - Graduate Course, 2014
- “Ethical and Legal Issues in MFT”, *Introduction to Clinical Practice and Profession* - Graduate Course, 2013
- “Interpersonal Dynamics”, “Lifetime Celebrations across Cultures”, “Sexuality”, “Family & Diversity” *Diversity Issues in Human Development and Family Studies* - Undergraduate Course, 2011 - 2013
- “Structural Family Therapy”, *Introduction to Counseling* - Undergraduate Course, 2012
- “Family & Violence”, *Risk and Resilience in Individuals and Families* - Undergraduate Course, 2012

ADVISOR & MENTORING EXPERIENCE

Thesis Advisor

- Sezercan Uçar (May, 2022). *The experiences of noncustodial fathers during and after divorce: Parental alienation in Turkey*, Ozyegin University, Istanbul, Turkey.
- Beyza Kökçü (May, 2022). *Adult Children’s Experiences with Parental Infidelity in Childhood: A Qualitative Study.*, Ozyegin University, Istanbul, Turkey.
- Derin Eralp (May 2021). *The Relationship Between Parental Acceptance-Rejection, Marital Satisfaction and Rejection Sensitivity In Turkish Newlyweds: A Dyadic Mediation Analysis*, Ozyegin University, Istanbul, Turkey.
- Gozde Topgüloğlu (August 2020). *Marriage and mother-in-law/father-in-law relationships: Perceived social support, emotional closeness and marital satisfaction*. Ozyegin University, Istanbul, Turkey
- Cansu Ece (May 2020). *The Effects of Marital Satisfaction on Coparenting In Turkish Families: A Dyadic Perspective*. Ozyegin University, Istanbul, Turkey
- Dilşah Ece Eren, (August 2019). *Comparison of online vs. Offline dating in terms of romantic beliefs, commitment, relationship maintenance and relationship satisfaction*, Ozyegin University, Istanbul, Turkey

Thesis Committee Member

- Gülşah Gülebakan (February, 2022). Pandemic cannot beat us: An interpretative phenomenological analysis of experiences of couples who had to stay apart due to the Covid-19 pandemic. Bilgi University, Istanbul, Turkey.
- Berivan Kızılocak (February, 2022). Strengths and challenges of Alevi-Sunni marriages in Turkey: A qualitative study. Bilgi University, Istanbul, Turkey.
- Sırma Ülgen (May 2021). Intergenerational transmission of the experiences of the 1980 coup in Turkey: A qualitative study with three generations. Bilgi University, Istanbul, Turkey.
- Şafak Duraçe (May 2021) Phenomenological study on adolescents' perception of oneself and others on instagram. Bilgi University, Istanbul, Turkey.
- İrem Yıldırım (May 2021) "He divorced me too, when he divorced my mother.": The Experiences of Women Who Grew Up Apart from Their Fathers and Their Reflections in Romantic Relationships. Bilgi University, Istanbul, Turkey.
- Melis Yüceer (August 2021). Ethnicity-related partner selection experiences among young adults from christian armenian families: A qualitative study in Turkey. Ozyegin University, Istanbul, Turkey.
- Zeynep Ezgi Mater (August 2021). Coming out Experiences of Lesbian and Gay Youth and Their Parents: A Qualitative Study in Turkey. Ozyegin University, Istanbul, Turkey.
- Şevval Nur Yağlı (May 2021) The Roles of Coparenting and Child Routines on Children's Social-emotional Competence. Ozyegin University, Istanbul, Turkey.
- Güliz Şan (June 2021) Challenging negative cognitions with a cognitive behavioral oriented activity book: A randomized controlled pilot study with mother-child interaction, Bahçeşehir University, Istanbul, Turkey
- Aysoltan Ymamgulyeva (May, 2020). *The relationship between social dominance orientation, relationship power and relationship satisfaction: Examining actor-partner effects*. Ozyegin University, Istanbul, Turkey
- Sinem Yahyaoğlu, (May 2019). The effects of social support, differentiation of self and locus of control on anxiety. Ozyegin University, Istanbul, Turkey.
- Sabiha Kocacıçak, (June 2019). *The relationship between separation-individuation, individualism-collectivism, marriage expectations, and marital attitudes*, Bilgi University, Istanbul, Turkey
- Ceyla Taner Zeyrek, (June 2017). *Changes in Romantic Relationships After Having a Baby: When the Grandmother is There to Help*, Bilgi University, Istanbul, Turkey
- Yelda Dönmez Anil, (June 2017). *An investigation of mothers' and two siblings' representations: What happens when one sibling is brought to psychotherapy and the other sibling is not referred?* Bilgi University, Istanbul, Turkey

PROFESSIONAL TRAINING AND CERTIFICATION

Training

- High-Conflict Case Management, William Eddy, High Conflict Institute, Central Connecticut State University, January 2014
- Managing High-Conflict Personalities, William Eddy, High Conflict Institute, Central Connecticut State University, January 2014

Certificate

ACT Raising Safe Kids Program, University of Connecticut, January 2012

PROFESSIONAL MEMBERSHIPS

Disiplinlerarası Çocuk Hakları Laboratuvarı (Interdisciplinary Child Rights Lab)

Türk Psikologlar Derneği (TPD)

Çift ve Aile Terapileri Derneği (ÇATED)

National Council on Family Relations [NCFR]

International Family Therapy Association [IFTA]

International Society for Interpersonal Acceptance and Rejection [ISIPAR]

American Association for Marriage and Family Therapy [AAMFT]

PROFESSIONAL SERVICE

Professional Consultancy

Framework Contract 2021AO33 / Council of Europe Local Short-Term Consultancy: Improving the Effectiveness of Family Courts: Better Protection of the Rights of Family Members, September 2021-present.

Program Development

Co-developer, Skills for Cooperative Coparenting, Parent Education Program for High-conflict Co-parents, in partnership with Connecticut Family Court, 2014.

Program Implementation

Parent Educator, Skills for Cooperative Coparenting, Connecticut State Family Court, 2015.

Editorial Experience

Ad Hoc Reviewer, Contemporary Family Therapy, 2021 to present

Ad Hoc Reviewer, Klinik Psikoloji Dergisi, 2021 to present

Ad Hoc Reviewer, New Media & Society, 2020 to present

Ad Hoc Reviewer, Journal of Family Issues, 2019 to present

Ad Hoc Reviewer, Türk Psikoloji Dergisi, 2018 to present

Ad Hoc Reviewer, Journal of Marital and Family Therapy, 2016 to present

Ad Hoc Reviewer, Family Relations, 2012 to present

Conference Reviewer

Poster Reviewer, 3rd Cigdem Kagitcibasi Research Festival, Ozyegin University, June 2020

Poster Reviewer, 2nd Cigdem Kagitcibasi Research Festival, Ozyegin University, March 2019

Poster Reviewer, 1st Cigdem Kagitcibasi Research Festival, Ozyegin University, March 2018

Student Poster Reviewer, Connecticut Association for Marriage and Family Therapy Conference, 2014